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Lucas Pinol With S. Renaux-Petel, Y. Tada *Institut d'Astrophysique de Paris (IAP)*



GEOMETRICAL ASPECTS OF STOCHASTIC INFLATION A PATH (INTEGRAL) TO THE DISCRETISATION AMBIGUITY AND ITS RESOLUTION

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Thesis defence on June 25th!





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TABLE OF CONTENTS

I. STANDARD APPROACH TO INFLATION A classical background and small quantum perturbations

II. STOCHASTIC INFLATION: CONCEPTS Coarse-graining the EoM and applications

III. STOCHASTIC INFLATION IN CURVED (PHASE) SPACE Inflationary stochastic anomalies and their resolution

IV. PATH INTEGRAL DERIVATION If time permits only... The Schwinger-Keldysh formalism for cosmology

I. STANDARD APPROACH TO INFLATION

A classical background... ... and quantum perturbations



CMB OBSERVATION MOTIVATES INFLATION



$$T \sim 2.73K$$
; $\frac{\delta T}{T} \sim 10^{-5}$; $|\Omega_k| \ll 1$

- How is the universe so homogeneous?
 Horizon problem
- Why is the universe so spatially flat?Flatness problem

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Inflation, an era of accelerated expansion of the Universe, solves both the horizon and flatness problems

$$N_{\rm inf} = \ln\left(\frac{a_{\rm end}}{a_{\rm ini}}\right) \gtrsim 55$$

FLUCTUATIONS OF MICRO-PHYSICAL QUANTUM ORIGIN



A single scalar field in slow roll does the job for both:

• The classical background...

... provided the scalar potential is flat and inflation lasts long enough

• The quantum fluctuations...

... if they emerge from the Bunch-Davies (BD) vacuum



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 $\phi(\vec{x},t) = \bar{\phi}(t) + Q(\vec{x},t) \quad \text{with } Q(\vec{x},t) \ll \bar{\phi}(t)$ /Homogeneous background, slow roll: $\dot{\phi} \simeq -\frac{V_{,\phi}(\bar{\phi})}{3H} \Rightarrow H(\bar{\phi})^2 \simeq \frac{V(\bar{\phi})}{3M_{\text{Pl}}^2}$ CLASSICAL

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... if they emerge from the Bunch-Davies (BD) vacuum

Massless, BD: $Q_k(\tau) \simeq \frac{e^{-ik\tau}}{a\sqrt{2k}} \left(1 - \frac{i}{k\tau}\right) \Rightarrow \zeta_k(\tau) \simeq \frac{H}{\dot{\phi}} Q_k(\tau)$ QUANTUM

Homogeneous background, slow roll: $\dot{\phi} \simeq -\frac{V_{,\phi}(\overline{\phi})}{3H} \Rightarrow H(\overline{\phi})^2 \simeq \frac{V(\overline{\phi})}{3M_{\rm Pl}^2}$ CLASSICAL

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$$\phi(\vec{x},t) = \bar{\phi}(t) + Q(\vec{x},t)$$

Homogeneous background, slow roll: $\dot{\phi}$

Almost scale-invariant power spectrum: $n_s \simeq 1$

$$\mathsf{P}_{\zeta}(k) = A_s \left(\frac{k}{k_*}\right)^{n_s - 1}$$

Geometrical aspects of stochastic inflation - IAP Lucas Pinol

II. STOCHASTIC INFLATION: CONCEPTS

Coarse-graining the EoM... ... and applications

Log(comoving scales)



Geometrical aspects of stochastic inflation - IAP Lucas Pinol

ACCUMULATION OF FLUCTUATIONS

With a very flat potential:

• Quantum kicks can dominate the force derived from the potential

• Even if quantum(t) << classical(t), quantum effects can accumulate and backreact on the large-scale dynamics

$\mathbf{V}(\overline{\boldsymbol{\phi}})$			
		->	$\overline{\phi}$

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→ Diffusion



IR = Infra-Red (for large physical scales)

ACCUMULATION OF FLUCTUATIONS

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Quantum kicks can dominate the force derived from the potential

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→ Diffusion



 $\boldsymbol{\phi}(\boldsymbol{t},\vec{x}) = \boldsymbol{\phi}_{IR}(\boldsymbol{t},\vec{x}) + \boldsymbol{\phi}_{UV}(\boldsymbol{t},\vec{x})$

With $\phi_{UV} \ll \phi_{IR} \dots$

... but possibly large inhomogeneities on large scales

Remember that in the standard approach $\phi(t, \vec{x}) = \overline{\phi}(t) + Q(t, \vec{x})$ and all inhomogeneities are in $Q \ll \overline{\phi}$

A theory that:

• Takes into account the effect of small-scales quantum fluctuations to describe the classical large-scale dynamics

- Arises from a perturbative expansion in ϕ_{UV} but is fully non-perturbative in ϕ_{IR}

• Should describe a dynamics with drift + diffusion = Brownian motion in a potential



A theory that:

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 \longrightarrow EFT for ϕ_{IR} by integrating out ϕ_{UV}

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 $\longrightarrow \phi(t, \vec{x}) = \phi_{IR}(t, \vec{x}) + \phi_{UV}(t, \vec{x})$ With $\phi_{UV} \ll \phi_{IR}$ and $\partial_x \phi_{IR} \ll \partial_t \phi_{IR}$

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Langevin equation for ϕ_{IR} Fokker-Planck equation for $P(\phi_{IR}, t)$



WHY STOCHASTIC? $\phi_{IR}(t, \vec{x})$ depends on the past realisations of $\phi_{UV}(t, \vec{x})$ theory that:

• Takes into account the effect of small-scales quantum fluctuations to describe the classical large-scale dynamics

 \longrightarrow EFT for ϕ_{IR} by integrating out ϕ_{UV}

• Arises from a perturbative expansion in ϕ_{UV} but is fully nonperturbative in ϕ_{IR}

> $\longrightarrow \phi(t, \vec{x}) = \phi_{IR}(t, \vec{x}) + \phi_{UV}(t, \vec{x})$ With $\phi_{UV} \ll \phi_{IR}$ and $\partial_x \phi_{IR} \ll \partial_t \phi_{IR}$

 $V(\phi_{IR})$ $\vec{x}_{2} \quad \vec{x}_{4}$ (ϕ_{IR}) $\vec{x}_{1} \quad \vec{x}_{3} \quad \vec{x}_{5}$

• Should describe a dynamics with drift + diffusion = Brownian motion in a potential

Langevin equation for ϕ_{IR} Fokker-Planck equation for $P(\phi_{IR}, t)$

COARSE-GRAINING



- > Cut-off $(\sigma a H)^{-1}$ defines the UV and IR sectors
- Because of time-dependence, UV modes join the IR sector
- Open, out-of-equilibrium system



• Split IR and UV: $\phi(N, \vec{x}) = \phi_{IR}(N, \vec{x}) + \phi_{UV}(N, \vec{x})$ with

$$\phi_{IR}(N,\vec{x}) = \int \frac{\mathrm{d}^{3}\vec{k}}{(2\pi)^{3}} e^{i\,\vec{k}\cdot\vec{x}} W\left(\frac{k}{k_{\sigma}(N)}\right) \phi_{\vec{k}}(N)$$

Time-dependent window function that selects only $k < k_{\sigma}(N) = \sigma a H$

N is the number of *e*-folds time variable:

 $a = e^N$



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N is the number of *e*-folds time variable:



• Write the **non-linear** EoM for ϕ_{IR} in terms of the **linear** one for $\phi_{UV} \ll \phi_{IR}$:

(Slow-roll):
$$\frac{\mathrm{d}\phi_{IR}}{\mathrm{d}N} = -\frac{V_{,\phi}(\phi_{IR})}{3H^2} +$$

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Usual equation of motion for linear perturbations in slow-roll, supposed to still hold (IR does not flow into the UV)

• Split IR and UV: $\phi(N, \vec{x}) = \phi_{IR}(N, \vec{x}) + \phi_{UV}(N, \vec{x})$ with

$$\phi_{IR}(N,\vec{x}) = \int \frac{\mathrm{d}^{3}\vec{k}}{(2\pi)^{3}} e^{i\,\vec{k}\cdot\vec{x}} W\left(\frac{k}{k_{\sigma}(N)}\right) \phi_{\vec{k}}(N)$$

N is the number of *e*-folds time variable:



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$$+ \int \frac{\mathrm{d}^3\vec{k}}{(2\pi)^3} e^{i\vec{k}\cdot\vec{x}} \frac{\mathrm{d}}{\mathrm{d}N} \left[W\left(\frac{k}{k_{\sigma}(N)}\right)\right] \phi_{\vec{k}}(N)$$

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$$\frac{\mathrm{d}\phi_{IR}}{\mathrm{d}N} = -\frac{V_{,\phi}(\phi_{IR})}{3H^2} + \int \underbrace{\frac{\mathrm{d}^3 k}{(2\pi)^3} e^{i \vec{k} \cdot \vec{x}}}_{(2\pi)^3} \underbrace{1 - W(k_{\sigma}(N)) \times \mathrm{EoM}_{\phi_{UV},\vec{k}}^{\mathrm{Sr}}(N)}_{+ \int \frac{\mathrm{d}^3 \vec{k}}{(2\pi)^3} e^{i \vec{k} \cdot \vec{x}} \frac{\mathrm{d}}{\mathrm{d}N} \left[W\left(\frac{k}{k_{\sigma}(N)}\right) \right] \phi_{\vec{k}}(N) \longrightarrow \xi_{\phi}(N, \vec{x}) \propto \phi_{k_{\sigma}(N)}(N)$$

$$\propto \delta(k - k_{\sigma}(N))$$

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$$\frac{\mathrm{d}\phi_{IR}}{\mathrm{d}N} = -\frac{V_{,\phi}(\phi_{IR})}{3H^2} + \xi_{\phi}(N,\vec{x}) \text{ with}$$
$$\xi_{\phi}(N,\vec{x}) = \int \frac{\mathrm{d}^3\vec{k}}{(2\pi)^3} e^{i\,\vec{k}\cdot\vec{x}}\,\frac{\mathrm{d}}{\mathrm{d}N} \left[W\left(\frac{k}{k_{\sigma}(N)}\right)\right]\hat{\phi}_{\vec{k}}(N)$$

 $\frac{\mathrm{d}\phi_{IR}}{\mathrm{d}N} = -\frac{V_{,\phi}(\phi_{IR})}{3H^2} + \xi_{\phi}(N,\vec{x}) \text{ with}$

A priori ξ_{ϕ} is a quantum operator too

Fourier modes are quantised during inflation!

 $\xi_{\phi}(N,\vec{x}) = \int \frac{\mathrm{d}^{3}\vec{k}}{(2\pi)^{3}} e^{i\,\vec{k}\cdot\vec{x}} \frac{\mathrm{d}}{\mathrm{d}N} \left[W\left(\frac{k}{k_{\sigma}(N)}\right) \right] \hat{\phi}_{\vec{k}}(N)$

 $\hat{\phi}_{\vec{k}}(N) = \phi_k(N)\hat{a}_{\vec{k}} + \phi_k^*(N)\hat{a}_{-\vec{k}}^{\dagger}$

Mode decomposition on the creation-annihilation operators

 $\frac{\mathrm{d}\phi_{IR}}{\mathrm{d}N} = -\frac{V_{,\phi}(\phi_{IR})}{3H^2} + \xi_{\phi}(N,\vec{x}) \text{ with}$

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$$\xi_{\phi}(N,\vec{x}) = \int \frac{\mathrm{d}^{3}\vec{k}}{(2\pi)^{3}} e^{i\vec{k}\cdot\vec{x}} \underbrace{\frac{\mathrm{d}}{\mathrm{d}N} \left[W\left(\frac{k}{k_{\sigma}(N)}\right) \right]}_{\propto \delta\left(k - k_{\sigma}(N)\right)} \hat{\phi}_{\vec{k}}(N)$$

Only modes \vec{k} with $|\vec{k}| = k_{\sigma}(N) \ll aH$ that are well above the horizon: **classicalisation** $\hat{\phi}_{\vec{k}}(N) = \phi_{k_{\sigma}}(N)\hat{a}_{\vec{k}} + \phi_{k_{\sigma}}^{*}(N)\hat{a}_{-\vec{k}}^{\dagger}$

 $\frac{\mathrm{d}\phi_{IR}}{\mathrm{d}N} = -\frac{V_{,\phi}(\phi_{IR})}{3H^2} + \xi_{\phi}(N,\vec{x}) \text{ with}$

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$$\xi_{\phi}(N,\vec{x}) = \int \frac{\mathrm{d}^{3}\vec{k}}{(2\pi)^{3}} e^{i\vec{k}\cdot\vec{x}} \underbrace{\frac{\mathrm{d}}{\mathrm{d}N} \left[W\left(\frac{k}{k_{\sigma}(N)}\right) \right]}_{\propto \delta\left(k - k_{\sigma}(N)\right)} \widehat{\phi}_{\vec{k}}(N)$$

Only modes \vec{k} with $|\vec{k}| = k_{\sigma}(N) \ll aH$ that are well above the horizon: **classicalisation**

$$\hat{\phi}_{\vec{k}}(N) = \phi_{k_{\sigma}}(N)\hat{a}_{\vec{k}} + \underbrace{\phi_{k_{\sigma}}^{*}(N)}_{= \phi_{k_{\sigma}}(N)}\hat{a}_{-\vec{k}}^{\dagger} \qquad \checkmark^{-1/\tau}$$
$$= \phi_{k_{\sigma}}(N) \text{ because } k_{\sigma}(N) \ll aH$$

Remember the massless mode functions $Q_k(\tau) \simeq \frac{e^{-ik\tau}}{a\sqrt{2k}} \left(i + \frac{1}{k\tau}\right) \xrightarrow[k\tau \to 0]{} - \frac{H}{\sqrt{2k^3}}$

 $\frac{\mathrm{d}\phi_{IR}}{\mathrm{d}N} = -\frac{V_{,\phi}(\phi_{IR})}{3H^2} + \xi_{\phi}(N,\vec{x}) \text{ with}$

A priori ξ_{ϕ} is a quantum operator too

Fourier modes are quantised during inflation!

$$\xi_{\phi}(N,\vec{x}) = \int \frac{\mathrm{d}^{3}\vec{k}}{(2\pi)^{3}} e^{i\,\vec{k}\cdot\vec{x}} \frac{\mathrm{d}}{\mathrm{d}N} \left[W\left(\frac{k}{k_{\sigma}(N)}\right) \right] \hat{\phi}_{\vec{k}}(N)$$

Only modes \vec{k} with $|\vec{k}| = k_{\sigma}(N) \ll aH$ that are well above the horizon: **classicalisation** $\hat{\phi}_{\vec{k}}(N) = \phi_{k_{\sigma}}(N)\hat{a}_{\vec{k}} + \phi_{k_{\sigma}}^{*}(N)\hat{a}_{-\vec{k}}^{\dagger} = \phi_{k_{\sigma}}(N)\left(\hat{a}_{\vec{k}} + \hat{a}_{-\vec{k}}^{\dagger}\right)$

 $b_{\vec{k}}$: only « quantum » operator

Classical random variable

Classical Gaussian random variable

$$\frac{\mathrm{d}\phi_{IR}}{\mathrm{d}N} = -\frac{V_{,\phi}(\phi_{IR})}{3H^2} + \xi_{\phi}(N,\vec{x}) \text{ with } \qquad \langle \boldsymbol{b}_{\vec{k}} \rangle = \mathbf{0}; \langle \boldsymbol{b}_{\vec{k}} \boldsymbol{b}_{\vec{k}'} \rangle = (2\pi)^3 \delta^{(3)}(\vec{k} + \vec{k}')$$
$$\boldsymbol{\xi}_{\phi}(N,\vec{x}) = \int \frac{\mathrm{d}^3 \vec{k}}{(2\pi)^3} e^{i \vec{k} \cdot \vec{x}} \frac{\mathrm{d}}{\mathrm{d}N} \left[W\left(\frac{k}{k_{\sigma}(N)}\right) \right] \phi_{k_{\sigma}}(N) \boldsymbol{b}_{\vec{k}}$$

$$\frac{\mathrm{d}\phi_{IR}}{\mathrm{d}N} = -\frac{V_{,\phi}(\phi_{IR})}{3H^{2}} + \xi_{\phi}(N,\vec{x}) \text{ with } \qquad \langle \boldsymbol{b}_{\vec{k}} \rangle = \boldsymbol{0} ; \langle \boldsymbol{b}_{\vec{k}} \boldsymbol{b}_{\vec{k}'} \rangle = (2\pi)^{3} \delta^{(3)}(\vec{k} + \vec{k}')$$

$$\xi_{\phi}(N,\vec{x}) = \int \frac{\mathrm{d}^{3}\vec{k}}{(2\pi)^{3}} e^{i\vec{k}\cdot\vec{x}} \frac{\mathrm{d}}{\mathrm{d}N} \left[W\left(\frac{k}{k_{\sigma}(N)}\right) \right] \phi_{k_{\sigma}}(N) \boldsymbol{b}_{\vec{k}}$$
Spatial correlation: $r = |\vec{x} - \vec{x}'|$

$$\langle \xi_{\phi}(N,\vec{x}) \rangle = 0 ; \langle \xi_{\phi}(N,\vec{x})\xi_{\phi}(N',\vec{x}') \rangle = \delta(N - N') \operatorname{sinc}(k_{\sigma}r) \mathbb{P}_{\phi}(N,k_{\sigma}(N))$$
White noise Power spectrum of linear fluctuations at the scale $k_{\sigma}(N)$

$$\frac{\mathrm{d}\phi_{IR}}{\mathrm{d}N} = -\frac{V_{,\phi}(\phi_{IR})}{3H^2} + \xi_{\phi}(N,\vec{x}) \text{ with}$$
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• $\langle \xi_{\phi}(N,\vec{x}) \rangle = 0$; $\langle \xi_{\phi}(N,\vec{x})\xi_{\phi}(N',\vec{x}') \rangle = \delta(N-N')\operatorname{sinc}(k_{\sigma}r) P_{\phi}(N,k_{\sigma}(N))$

White noise

White noise is uncorrelated in time...

... but a smoother window function gives coloured noise!

$$\frac{\mathrm{d}\phi_{IR}}{\mathrm{d}N} = -\frac{V_{,\phi}(\phi_{IR})}{3H^{2}} + \xi_{\phi}(N,\vec{x}) \text{ with}$$

$$\xi_{\phi}(N,\vec{x}) = \int \frac{\mathrm{d}^{3}\vec{k}}{(2\pi)^{3}} e^{i\,\vec{k}\cdot\vec{x}} \frac{\mathrm{d}}{\mathrm{d}N} \left[W\left(\frac{k}{k_{\sigma}(N)}\right) \right] \phi_{k_{\sigma}}(N) b_{\vec{k}}$$
Spatial correlation: $r = |\vec{x} - \vec{x}'|$

$$\langle \xi_{\phi}(N,\vec{x}) \rangle = 0; \quad \langle \xi_{\phi}(N,\vec{x})\xi_{\phi}(N',\vec{x}') \rangle = \delta(N-N') \operatorname{sinc}(k_{\sigma}r) \mathbb{P}_{\phi}(N,k_{\sigma}(N))$$
sinc(u) = sin(u)/ u

$$\int_{\pi}^{\pi} \operatorname{sinc}(u) \approx 1 \text{ for } u \ll 1 \quad \text{Maximally correlated for } r \ll k_{\sigma}^{-1}$$
Uncorrelated for $r \gg k_{\sigma}^{-1}$

THE SEPARATE UNIVERSE APPROACH


THE SEPARATE UNIVERSE APPROACH



 $\succ \text{ For each patch } p, \ \frac{\mathrm{d}\phi_{IR}^p}{\mathrm{d}N} = -\frac{V_{,\phi}(\phi_{IR}^p)}{3H_p^2} + \xi_{\phi}^p(N) \text{, with } \langle \xi_{\phi}^p(N)\xi_{\phi}^q(N')\rangle = \delta(N-N')\delta^{pq} \mathcal{P}_{\phi^p}\left(N,k_{\sigma}^p(N)\right)$

Note that the time variable N was chosen such that it is shared by all patches \rightarrow uniform-N gauge \sim flat gauge

$$\phi_{IR}(N,\vec{x}) \to \phi_{IR}^p(N)$$

THE SEPARATE UNIVERSE APPROACH



For each patch p, dφ^p_{IR} = -V_φ(φ^p_{IR})/(3H²_p) + ξ^p_φ(N), with (ξ^p_φ(N)ξ^q_φ(N')) = δ(N - N')δ^{pq} P_φ(N, k^p_σ(N)) Note that the time variable N was chosen such that it is shared by all patches → uniform-N gauge ~ flat gauge
 Large-scales fluctuations are found by comparing ζ_p in different patches, with δN-formalism: δN_p = N_p - N̄ = -ζ_p, where N_p is the time needed to reach the final hypersurface

[Wands, Malik, Lyth, Riddle 2000] [Lyth, Malik, Sasaki 2005] [Fujita, Kawasaki, Tada 2014]

A CLASSICAL NOISE WITH QUANTUM STATISTICS

$$\frac{\mathrm{d}\phi_{IR}}{\mathrm{d}N} = -\frac{V_{,\phi}(\phi_{IR})}{3H^2} + \xi_{\phi}(N,\vec{x}) \text{ with}$$
$$\xi_{\phi}(N,\vec{x}) = \int \frac{\mathrm{d}^3\vec{k}}{(2\pi)^3} e^{i\,\vec{k}\cdot\vec{x}} \frac{\mathrm{d}}{\mathrm{d}N} \left[W\left(\frac{k}{k_{\sigma}(N)}\right) \right] \phi_{k_{\sigma}}(N) \boldsymbol{b}_{\vec{k}}$$

 $(aH)^{-1}$

 $k_{\sigma}(N)^{-1}$

• $\langle \xi_{\phi}(N,\vec{x}) \rangle = 0$; $\langle \xi_{\phi}(N,\vec{x})\xi_{\phi}(N',\vec{x}') \rangle = \delta(N-N')\operatorname{sinc}(k_{\sigma}r)\mathbf{P}_{\phi}(N,k_{\sigma}(N))$

 $(\sigma a H)^{-1}$

Power spectrum of linear fluctuations at the scale $k_{\sigma}(N)$



N

TO BE MARKOVIAN OR NOT TO BE

> To know the noise statistics you should know $P_{\phi}(N, k_{\sigma}(N))$

> The quantum UV modes verify the usual linear EoM

$$\ddot{\phi}_{\vec{k}} + 3H\dot{\phi}_{\vec{k}} + \left(\frac{k^2}{a^2} + m_{\text{eff}}^2\right)\phi_{\vec{k}} = 0$$



TO BE MARKOVIAN OR NOT TO BE

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$$\ddot{\phi}_{\vec{k}} + 3H\dot{\phi}_{\vec{k}} + \left(\frac{k^2}{a^2} + m_{\text{eff}}^2\right)\phi_{\vec{k}} = 0$$

> But... $H(\phi_{IR})$ and $m_{eff}^2(\phi_{IR})$ depend on the value of $\phi_{IR} \rightarrow$ stochastic! <u>Ex</u>: Friedmann equation: $3H^2(\phi_{IR})M_{Pl}^2 = V(\phi_{IR}) + \frac{1}{2}\dot{\phi}_{IR}^2$

TO BE MARKOVIAN OR NOT TO BE

> To know the noise statistics you should know $P_{\phi}(N, k_{\sigma}(N))$

The quantum UV modes verify the usual linear EoM

$$\ddot{\phi}_{\vec{k}} + 3H\dot{\phi}_{\vec{k}} + \left(\frac{k^2}{a^2} + m_{\text{eff}}^2\right)\phi_{\vec{k}} = 0$$

➢ But... *H* and m_{eff}^2 depend on the value of ϕ_{IR} → stochastic!
<u>Ex</u>: Friedmann equation: $3H^2M_{Pl}^2 = V(\phi_{IR}) + \frac{1}{2}\dot{\phi}_{IR}^2$

In principle, you can not solve the two systems separately
 (actually, one IR system and as many UV ones as k modes / time steps)

➤ The system is **non-Markovian**: The noise statistics depends on its own past realisations (to find $\phi_{k_{\sigma}}(N)$ you need to know $\phi_{IR}(N'), \forall N' < N$)

Non-Markovian

> Massless scalar field: $P_{\phi}(N, k_{\sigma}(N)) = \left(\frac{H(N')}{2\pi}\right)^2$ with N' < N the time of horizon crossing



> Massless scalar field: $P_{\phi}(N, k_{\sigma}(N)) = \left(\frac{H(N')}{2\pi}\right)^2$ with N' < N the time of horizon crossing

> Massless + slow-variation: $H(N') = H(N) \rightarrow$ Markovian but **multiplicative** noise

$$\left< \xi_{\phi}^2 \right> \propto \left(\frac{H[\phi_{IR}(N)]}{2\pi} \right)^2$$

Non-Markovian

Non-Markovian

> Massless scalar field: $P_{\phi}(N, k_{\sigma}(N)) = \left(\frac{H(N')}{2\pi}\right)^2$ with N' < N the time of horizon crossing

→ Massless + slow-variation: $H(N') = H(N) \rightarrow$ Markovian but multiplicative noise

▶ Massless + slow-variation + spectator: H(N') = H(N) independent on $\phi_{IR} \rightarrow Additive$ noise



Non-Markovian

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➤ Massless + slow-variation + spectator: H(N') = H(N) independent on $\phi_{IR} \rightarrow$ Additive noise

> Massless + de Sitter (implying spectator): $H(N') = H_0$ a **constant**

 $\left< \xi_{\phi}^2 \right> \propto \left(\frac{H_0}{2\pi} \right)^2$

Non-Markovian

Massless scalar field: $\mathbb{P}_{\phi}(N, k_{\sigma}(N)) = \left(\frac{H(N')}{2\pi}\right)^2$ with N' < N the time of horizon crossing

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▷ Massless + slow-variation + spectator: H(N') = H(N) independent on $\phi_{IR} \rightarrow$ Additive noise

> Massless + de Sitter (implying spectator): $H(N') = H_0$ a constant

In the following, we assume massless + slow-variation → Markovian but multiplicative

Normalised, centered Gaussian variable

Focus on 1 patch:

$$\frac{\mathrm{d}\phi_{IR}}{\mathrm{d}N} = -\frac{V_{,\phi}(\phi_{IR})}{3H_p^2} + \frac{H[\phi_{IR}(N)]}{2\pi} \times \xi(N), \quad \langle \xi(N)\xi(N')\rangle = \delta(N-N')$$
Square-root of the noise amplitude

$$\frac{\mathrm{d}\phi_{IR}}{\mathrm{d}N} = -\frac{V_{,\phi}(\phi_{IR})}{3H_p^2} + \frac{H[\phi_{IR}(N)]}{2\pi} \times \xi(N), \qquad \langle \xi(N)\xi(N')\rangle = \delta(N-N')$$

From stochastic differential equation for ϕ_{IR} to partial differential equation for its PDF $P(\phi_{IR}, N)$:

$$\frac{\mathrm{d}\phi_{IR}}{\mathrm{d}N} = -\frac{V_{,\phi}(\phi_{IR})}{3H_p^2} + \frac{H[\phi_{IR}(N)]}{2\pi} \times \xi(N), \qquad \langle \xi(N)\xi(N')\rangle = \delta(N-N')$$

From stochastic differential equation for ϕ_{IR} to partial differential equation for its PDF $P(\phi_{IR}, N)$:

$$\frac{\partial \boldsymbol{P}}{\partial N} = \frac{\partial}{\partial \phi_{IR}} \left[\left(\frac{V_{,\phi}(\phi_{IR})}{3H(\phi_{IR})^2} - \boldsymbol{\alpha} \frac{H(\phi_{IR})}{2\pi} \frac{\partial}{\partial \phi_{IR}} \frac{H(\phi_{IR})}{2\pi} \right) \boldsymbol{P} \right] + \frac{1}{2} \frac{\partial^2}{\partial \phi_{IR}^2} \left[\left(\frac{H(\phi_{IR})}{2\pi} \right)^2 \boldsymbol{P} \right]$$
Classical drift Noise-induced drift Diffusion of quantum origine
Total drift

Convection-diffusion equation for *P*

$$\frac{\mathrm{d}\phi_{IR}}{\mathrm{d}N} = -\frac{V_{,\phi}(\phi_{IR})}{3H_p^2} + \frac{H[\phi_{IR}(N)]}{2\pi} \times \xi(N), \qquad \langle \xi(N)\xi(N')\rangle = \delta(N-N')$$

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Convection-diffusion equation for \boldsymbol{P}
equation for \boldsymbol{P}
$$\boldsymbol{V}(\phi_{IR})$$

Convection: \rightarrow
Diffusion: \leftrightarrow $\boldsymbol{P}(\phi_{IR}, N)$

Geometrical aspects of stochastic inflation - IAP Lucas Pinol

At the discrete level: $\Delta W_n \Delta W_m = \delta_{nm} \Delta N$ $\langle \xi(N)\xi(N') \rangle = \delta(N - N')$

Langevin equation:

$$\frac{\mathrm{d}\phi_{IR}}{\mathrm{d}N} = h[\phi_{IR}(N)] + g[\phi_{IR}(N)] \times \xi(N) ,$$

How to solve it?!

At the discrete level: $\Delta W_n \Delta W_m = \delta_{nm} \Delta N$ $\langle \xi(N)\xi(N') \rangle = \delta(N - N')$

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$$\frac{\mathrm{d}\phi_{IR}}{\mathrm{d}N} = h[\phi_{IR}(N)] + g[\phi_{IR}(N)] \times \xi(N) ,$$

How to solve it?!

Numerically, need to specify the discretisation:

 $\phi_{IR}^{n+1} - \phi_{IR}^{n} = h[\phi_{IR}^{n+\alpha}]\Delta N + g[\phi_{IR}^{n+\alpha}] \times \Delta W_n$

 $\alpha \in [0,1]$ parameterises the time $N_{n+\alpha} = N_n + \alpha \Delta N$ at which the RHS is evaluated

Irrelevant for deterministic differential equations (except stability, conservativity, etc.)

> Crucial for stochastic differential equations (physical result depends on it)

Langevin equation: $\frac{\mathrm{d}\phi_{IR}}{\mathrm{d}N} = h[\phi_{IR}(N)] + g[\phi_{IR}(N)] \times \xi(N), \qquad \langle \xi(N)\xi(N')\rangle = \delta(N-N')$

How to solve it?!

Numerically, need to specify the discretisation: $\phi_{IR}^{n+1} - \phi_{IR}^{n} = h[\phi_{IR}^{n+\alpha}]\Delta N + g[\phi_{IR}^{n+\alpha}] \times \Delta W_{n}$ $\Delta \phi_{IR} = O(\Delta N^{1/2}) \qquad O(\Delta N) \qquad O(\Delta N^{1/2})$

Mathematical fact: Brownian motion is continuous but not differentiable,

 $\frac{\Delta W_n}{\Delta N} \xrightarrow{\Delta N \to 0} \infty$

STOCHASTIC DIFFERENTIAL EQUATIONS AND DISCRETISATION SCHEMES At the discrete level: $\Delta W_n \Delta W_m = \delta_{nm} \Delta N$

Langevin equation:

$$\frac{\mathrm{d}\phi_{IR}}{\mathrm{d}N} = h[\phi_{IR}(N)] + g[\phi_{IR}(N)] \times \xi(N), \qquad \langle \xi(N)\xi(N')\rangle = \delta(N-N')$$

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•
$$h[\phi_{IR}^{n+\alpha}]\Delta N = h[\phi_{IR}^{n}]\Delta N + \alpha \frac{\partial h}{\partial \phi_{IR}} [\phi_{IR}^{n}]\Delta \phi_{IR}\Delta N$$

 $O(\Delta N^{3/2}) \ll O(\Delta N)$
like ODE: does not matter

/

Langevin equation: $\frac{\mathrm{d}\phi_{IR}}{\mathrm{d}N} = h[\phi_{IR}(N)] + g[\phi_{IR}(N)] \times \xi(N), \qquad \langle \xi(N)\xi(N')\rangle = \delta(N-N')$

How to solve it?!

•
$$h[\phi_{IR}^{n+\alpha}]\Delta N = h[\phi_{IR}^{n}]\Delta N + \alpha \frac{\partial h}{\partial \phi_{IR}} [\phi_{IR}^{n}]\Delta \phi_{IR}\Delta N$$

 $O(\Delta N^{3/2}) \ll O(\Delta N)$

•
$$g[\phi_{IR}^{n+\alpha}]\Delta W_n = g[\phi_{IR}^n]\Delta W_n + \alpha \frac{\partial g}{\partial \phi_{IR}} [\phi_{IR}^n]\Delta \phi_{IR}\Delta W_n$$

 $O(\Delta N)$

different from ODE: does matter!

Langevin equation: $\frac{\mathrm{d}\phi_{IR}}{\mathrm{d}N} = h[\phi_{IR}(N)] + g[\phi_{IR}(N)] \times \xi(N), \qquad \langle \xi(N)\xi(N')\rangle = \delta(N-N')$

How to solve it?!

Geometrical aspects of stochastic inflation - IAP Lucas Pinol

$$\frac{\partial \boldsymbol{P}}{\partial N} = \frac{\partial}{\partial \phi_{IR}} \left[\left(\frac{V_{,\phi}(\phi_{IR})}{3H(\phi_{IR})^2} - \boldsymbol{\alpha} \frac{H(\phi_{IR})}{2\pi} \frac{\partial}{\partial \phi_{IR}} \frac{H(\phi_{IR})}{2\pi} \right) \boldsymbol{P} \right] + \frac{1}{2} \frac{\partial^2}{\partial \phi_{IR}^2} \left[\left(\frac{H(\phi_{IR})}{2\pi} \right)^2 \boldsymbol{P} \right]$$

Inflationary universe

Formal QFT results in de Sitter (spectator field)

$$\frac{\partial \boldsymbol{P}}{\partial N} = \frac{\partial}{\partial \phi_{IR}} \left[\left(\frac{V_{,\phi}(\phi_{IR})}{3H(\phi_{IR})^2} - \boldsymbol{\alpha} \frac{H(\phi_{IR})}{2\pi} \frac{\partial}{\partial \phi_{IR}} \frac{H(\phi_{IR})}{2\pi} \right) \boldsymbol{P} \right] + \frac{1}{2} \frac{\partial^2}{\partial \phi_{IR}^2} \left[\left(\frac{H(\phi_{IR})}{2\pi} \right)^2 \boldsymbol{P} \right]$$

Inflationary universe

$$\frac{\partial P_{\text{eq}}}{\partial N} = 0 \Rightarrow P_{\text{eq}} = \frac{P_{0,\alpha}}{[\nu(\phi_{IR})]^{1-\alpha}} e^{\frac{1}{\nu(\phi_{IR})}}, \quad \nu = \frac{V}{M_{\text{Pl}}^4} \ll 1$$
 to work in the perturbative regime of quantum gravity

$$\frac{\partial \boldsymbol{P}}{\partial N} = \frac{\partial}{\partial \phi_{IR}} \left[\left(\frac{V_{,\phi}(\phi_{IR})}{3H(\phi_{IR})^2} - \boldsymbol{\alpha} \frac{H(\phi_{IR})}{2\pi} \frac{\partial}{\partial \phi_{IR}} \frac{H(\phi_{IR})}{2\pi} \right) \boldsymbol{P} \right] + \frac{1}{2} \frac{\partial^2}{\partial \phi_{IR}^2} \left[\left(\frac{H(\phi_{IR})}{2\pi} \right)^2 \boldsymbol{P} \right]$$

Inflationary universe

 $\frac{\partial P_{\text{eq}}}{\partial N} = 0 \Rightarrow P_{\text{eq}} = \frac{P_{0,\alpha}}{[v(\phi_{IR})]^{1-\alpha}} e^{\frac{1}{v(\phi_{IR})}}, \quad v = \frac{V}{M_{\text{Pl}}^4} \ll 1$ to work in the perturbative regime of quantum gravity

$$\langle N \rangle \simeq \frac{1}{M_{\text{Pl}}^2} \int_{\phi_{IR}^{\text{end}}}^{\phi_{IR}^{\text{ini}}} \mathrm{d}\phi_{IR} \frac{v(\phi_{IR})}{v_{,\phi}(\phi_{IR})} [1 + (1 + \alpha)v - \eta_{\text{cl}} + \cdots], \quad \eta_{\text{cl}} = \frac{vv_{,\phi\phi}}{v_{,\phi}^2} \ll 1$$

$$may \ be \ large \ in \ a \ numerical numer$$

may be large in a numerical resolution but was supposed small in this analytical result

 $N_{\rm cl}$

$$\frac{\partial \boldsymbol{P}}{\partial N} = \frac{\partial}{\partial \phi_{IR}} \left[\left(\frac{V_{,\phi}(\phi_{IR})}{3H(\phi_{IR})^2} - \boldsymbol{\alpha} \frac{H(\phi_{IR})}{2\pi} \frac{\partial}{\partial \phi_{IR}} \frac{H(\phi_{IR})}{2\pi} \right) \boldsymbol{P} \right] + \frac{1}{2} \frac{\partial^2}{\partial \phi_{IR}^2} \left[\left(\frac{H(\phi_{IR})}{2\pi} \right)^2 \boldsymbol{P} \right]$$

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$$P_{\zeta} \sim \frac{\mathrm{d}\langle \delta N^2 \rangle}{\mathrm{d}\langle N \rangle} \simeq P_{\zeta}^{\mathrm{cl}} [1 + (5 + 2\alpha)\nu - 4\eta_{\mathrm{cl}} + \cdots]$$
stochastic correction to (n_s, r)

[A. Starobinsky, V. Vennin 2015] *only* $\alpha = 0$

[L. Pinol, Y. Tada, S. Renaux-Petel 2018] Class.Quant.Grav. 36 no.7, (2019) 07LT01

$$\frac{\partial \boldsymbol{P}}{\partial N} = \frac{\partial}{\partial \phi_{IR}} \left[\left(\frac{V_{,\phi}(\phi_{IR})}{3H(\phi_{IR})^2} - \boldsymbol{\alpha} \frac{H(\phi_{IR})}{2\pi} \frac{\partial}{\partial \phi_{IR}} \frac{H(\phi_{IR})}{2\pi} \right) \boldsymbol{P} \right] + \frac{1}{2} \frac{\partial^2}{\partial \phi_{IR}^2} \left[\left(\frac{H(\phi_{IR})}{2\pi} \right)^2 \boldsymbol{P} \right]$$

Inflationary universe

 $\frac{\partial P_{\text{eq}}}{\partial N} = 0 \Rightarrow P_{\text{eq}} = \frac{P_{0,\alpha}}{[v(\phi_{IR})]^{1-\alpha}} e^{\frac{1}{v(\phi_{IR})}}, \quad v = \frac{V}{M_{\text{Pl}}^4} \ll 1$ to work in the perturbative regime of quantum gravity

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stochastic correction to (n_s, r)

[L. Pinol, Y. Tada, S. Renaux-Petel 2018] Class.Quant.Grav. 36 no.7, (2019) 07LT01

 α always multiplies $v \ll 1 \rightarrow$ discretisation scheme does not affect observables (also true non-perturbatively)

$$\frac{\partial \boldsymbol{P}}{\partial N} = \frac{\partial}{\partial \phi_{IR}} \left[\left(\frac{V_{,\phi}(\phi_{IR})}{3H_0^2} - \alpha \frac{H_0}{2\pi} \frac{\partial}{\partial \phi_{IR}} \frac{H_0}{2\pi} \right) \boldsymbol{P} \right] + \frac{1}{2} \frac{\partial^2}{\partial \phi_{IR}^2} \left[\left(\frac{H_0}{2\pi} \right)^2 \boldsymbol{P} \right]$$

no ambiguity of discretisation

 $H(\phi_{IR}) \rightarrow H_0$ Formal QFT results in de Sitter (spectator field)

$$\frac{\partial \boldsymbol{P}}{\partial N} = \frac{\partial}{\partial \phi_{IR}} \left[\left(\frac{V_{,\phi}(\phi_{IR})}{3H_0^2} - \boldsymbol{\alpha} \frac{H_0}{2\pi} \frac{\partial}{\partial \phi_{IR}} \frac{H_0}{2\pi} \right) \boldsymbol{P} \right] + \frac{1}{2} \frac{\partial^2}{\partial \phi_{IR}^2} \left[\left(\frac{H_0}{2\pi} \right)^2 \boldsymbol{P} \right]$$

 $H(\phi_{IR}) \rightarrow H_0$ Formal QFT results in de Sitter (spectator field)

★ $\frac{\partial P_{eq}}{\partial N} = 0 \Rightarrow P_{eq} = P_0 e^{\frac{-8\pi^2 V(\phi_{IR})}{3H_0^4}}$: large deviations from gaussianity if *V* not quadratic → non-perturbative result

$$\frac{\partial \boldsymbol{P}}{\partial N} = \frac{\partial}{\partial \phi_{IR}} \left[\left(\frac{V_{,\phi}(\phi_{IR})}{3H_0^2} - \boldsymbol{\alpha} \frac{H_0}{2\pi} \frac{\partial}{\partial \phi_{IR}} \frac{H_0}{2\pi} \right) \boldsymbol{P} \right] + \frac{1}{2} \frac{\partial^2}{\partial \phi_{IR}^2} \left[\left(\frac{H_0}{2\pi} \right)^2 \boldsymbol{P} \right]$$

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Without noticing, we have **resummed** IR divergencies in de Sitter: highly non-trivial! \rightarrow Look at $V(\phi_{IR}) = \lambda \phi_{IR}^4$

$$\frac{\partial \boldsymbol{P}}{\partial N} = \frac{\partial}{\partial \phi_{IR}} \left[\left(\frac{V_{,\phi}(\phi_{IR})}{3H_0^2} - \boldsymbol{\alpha} \frac{H_0}{2\pi} \frac{\partial}{\partial \phi_{IR}} \frac{H_0}{2\pi} \right) \boldsymbol{P} \right] + \frac{1}{2} \frac{\partial^2}{\partial \phi_{IR}^2} \left[\left(\frac{H_0}{2\pi} \right)^2 \boldsymbol{P} \right]$$

 $H(\phi_{IR}) \rightarrow H_0$ Formal QFT results in de Sitter (spectator field)

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Without noticing, we have **resummed** IR divergencies in de Sitter: highly non-trivial! \rightarrow Look at $V(\phi_{IR}) = \lambda \phi_{IR}^4$

IR (long time) divergence

 $\langle \phi_{IR} \rangle = 0, \qquad \langle \phi_{IR}^2 \rangle = \frac{H_0^2 N}{4\pi^2} \left(1 - \frac{\lambda N^2}{6\pi^2} + O(\lambda^2 N^4) \right), \qquad \dots$ IR (long time) divergence 1-loop QFT computation in de Sitter spacetime

III. STOCHASTIC INFLATION IN CURVED (PHASE) SPACE

Highlights of 2019-20

Welcome to the 2019-20 Highlights of *Classical and Quantum Gravity*. These articles are selected by the CQG Editorial Board as some of the best CQG content published in 2019 and the first half of 2020.

We hope that you will enjoy reading these papers and that you will publish your next paper with Classical and Quantum Gravity.

You can also view the highlights of 2017, 2016, 2015, 2014–2015, 2013–2014, 2012–2013, 2011–2012 and 2010–2011

Full 3D numerical relativity simulations of neutron star–boson star collisions with BAM Tim Dietrich *et al* 2019 *Class. Quantum Grav.* **36** 025002

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Testing quantum black holes with gravitational waves Valentino F Foit and Matthew Kleban 2019 *Class. Quantum Grav.* **36** 035006

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Strong cosmic censorship for charged de Sitter black holes with a charged scalar field Oscar J C Dias *et al* 2019 *Class. Quantum Grav.* **36** 045005

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Inflationary stochastic anomalies Lucas Pinol *et al* 2019 *Class. Quantum Grav.* **36** 07LT01 + Open abstract IView article PDF

Inflationary stochastic anomalies... ... and their resolution

[L. Pinol, Y. Tada, S. Renaux-Petel 2018]

Classical and Quantum Gravity CQG 36 no.7, (2019) 07LT01

[L. Pinol, S. Renaux-Petel, Y. Tada 2020] Journal of Cosmology and Astroparticle Physics, JCAP04(2021)048

MULTIFIELD INFLATION WITH CURVED FIELD SPACE

$$S = \int \sqrt{-g} \left(\frac{R}{2} - \sum_{I,J} g^{\mu\nu} G_{IJ}(\boldsymbol{\phi}) \partial_{\mu} \phi^{I} \partial_{\nu} \phi^{J} - V(\boldsymbol{\phi}) \right)$$

Kinetic couplings via $G_{IJ}(\phi)$ Non-derivative couplings via $V(\phi)$



MULTIFIELD INFLATION WITH CURVED FIELD SPACE

$$S = \int \sqrt{-g} \left(\frac{R}{2} - \sum_{I,J} g^{\mu\nu} G_{IJ}(\boldsymbol{\phi}) \partial_{\mu} \phi^{I} \partial_{\nu} \phi^{J} - V(\boldsymbol{\phi}) \right)$$

Why multifield?

- Single-field has theoretical limitations:
 η-problem, swampland conjectures, etc.
- Multifield inflation is expected from generic high-energy arguments, is more general, has a phenomenology that can be probed



STOCHASTIC FORMALISM FOR NON-LINEAR SIGMA MODELS

Massless + slow-variation

 $\int \left(\frac{H}{2\pi}\right)^2 G^{IJ}$

Slow-roll:
$$\frac{\mathcal{D}\phi_{IR}^{I}}{\mathrm{d}N} = -\left(\frac{G^{IJ}V_{,J}}{3H^{2}}\right)_{\phi_{IR}} + \Xi^{I} \qquad \langle \Xi^{I}(N)\Xi^{J}(N')\rangle = P_{\phi_{UV}}^{IJ}(N,k_{\sigma}(N))\delta(N-N')$$

Covariant generalisation of single-field case

[L. Pinol, Y. Tada, S. Renaux-Petel 2018]

Classical and Quantum Gravity CQG 36 no.7, (2019) 07LT01

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Covariant generalisation of single-field case

• New difficulties:

[L. Pinol, Y. Tada, S. Renaux-Petel 2018]

Classical and Quantum Gravity CQG 36 no.7, (2019) 07LT01

vielbeins: not unique

- > Find a square-root of the noise amplitude matrix: $G^{IJ} = g^{I}_{\alpha}g^{J}_{\alpha}$
- > Enforce covariance of the equations (also in SF, but more visible in MF): Itô calculus & the standard chain rule
- \succ Links with the discretisation ambiguity: choice of α more critical

FOKKER-PLANCK EQUATION FOR NON-LINEAR SIGMA MODELS

$$\frac{\mathcal{D}\phi_{IR}^{I}}{\mathrm{d}N} = -\left(\frac{G^{IJ}V_{,J}}{3H^{2}}\right)_{\phi_{IR}} + \left(\frac{H}{2\pi}g_{\alpha}^{I}\right)_{\phi_{IR}}\xi^{\alpha}$$

[L. Pinol, Y. Tada, S. Renaux-Petel 2018]

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Massless + slow-variation

 $\langle \xi^{\alpha}(N)\xi^{\beta}(N')\rangle = \delta^{\alpha\beta}\delta(N-N')$
$$\frac{\mathcal{D}\phi_{IR}^{I}}{\mathrm{d}N} = -\left(\frac{G^{IJ}V_{J}}{3H^{2}}\right)_{\phi_{IR}} + \left(\frac{H}{2\pi}g_{\alpha}^{I}\right)_{\phi_{IR}}\xi^{\alpha}$$

[L. Pinol, Y. Tada, S. Renaux-Petel 2018]

Classical and Quantum Gravity CQG 36 no.7, (2019) 07LT01

Massless + slow-variation

 $\langle \xi^{\alpha}(N)\xi^{\beta}(N')\rangle = \delta^{\alpha\beta}\delta(N-N')$

$$\frac{\partial \boldsymbol{P}}{\partial N} = D_I \left(\frac{G^{IJ} V_J}{3H^2} \boldsymbol{P} \right) + \alpha D_I \left[\frac{H}{2\pi} g^I_{\alpha} D_J \left(\frac{H}{2\pi} g^J_{\alpha} \boldsymbol{P} \right) \right] + \left(\alpha - \frac{1}{2} \right) \frac{1}{\sqrt{G}} \partial_I \partial_J \left[\sqrt{G} \left(\frac{H}{2\pi} \right)^2 G^{IJ} \boldsymbol{P} \right]$$

Classical drift Noise-induced drift + diffusion Ext

Extra diffusion

NB: Here
$$P_s = P/\sqrt{G}$$

$$\frac{\mathcal{D}\phi_{IR}^{I}}{\mathrm{d}N} = -\left(\frac{G^{IJ}V_{,J}}{3H^{2}}\right)_{\phi_{IR}} + \left(\frac{H}{2\pi}g_{\alpha}^{I}\right)_{\phi_{IR}}\xi^{\alpha}$$

[L. Pinol, Y. Tada, S. Renaux-Petel 2018]

Classical and Quantum Gravity CQG 36 no.7, (2019) 07LT01

Massless + slow-variation

 $\langle \xi^{\alpha}(N)\xi^{\beta}(N')\rangle = \delta^{\alpha\beta}\delta(N-N')$

$$\frac{\partial P}{\partial N} = D_I \left(\frac{G^{IJ} V_{,J}}{3H^2} P \right) + \alpha D_I \left[\frac{H}{2\pi} g^I_{\alpha} D_J \left(\frac{H}{2\pi} g^J_{\alpha} P \right) \right] + \left(\alpha - \frac{1}{2} \right) \frac{1}{\sqrt{G}} \partial_I \partial_J \left[\sqrt{G} \left(\frac{H}{2\pi} \right)^2 G^{IJ} P \right]$$

Classical drift Noise-induced drift + diffusion

Extra diffusion



$$\frac{\mathcal{D}\phi_{IR}^{I}}{\mathrm{d}N} = -\left(\frac{G^{IJ}V_{,J}}{3H^{2}}\right)_{\phi_{IR}} + \left(\frac{H}{2\pi}g_{\alpha}^{I}\right)_{\phi_{IR}}\xi^{\alpha}$$

[L. Pinol, Y. Tada, S. Renaux-Petel 2018]

Classical and Quantum Gravity CQG 36 no.7, (2019) 07LT01

Massless + slow-variation

 $\langle \xi^{\alpha}(N)\xi^{\beta}(N')\rangle = \delta^{\alpha\beta}\delta(N-N')$

$$\frac{\partial P}{\partial N} = \boldsymbol{D}_{\boldsymbol{I}} \left(\frac{G^{IJ} V_{,J}}{3H^2} P \right) + \alpha \boldsymbol{D}_{\boldsymbol{I}} \left[\frac{H}{2\pi} g_{\alpha}^{I} \boldsymbol{D}_{\boldsymbol{J}} \left(\frac{H}{2\pi} g_{\alpha}^{J} P \right) \right] + \left(\alpha - \frac{1}{2} \right) \frac{1}{\sqrt{G}} \partial_{\boldsymbol{I}} \partial_{\boldsymbol{J}} \left[\sqrt{G} \left(\frac{H}{2\pi} \right)^{2} G^{IJ} P \right]$$

Classical drift Noise-induced drift + diffusion

Extra diffusion: not covariant!

 $D_I X^J = \partial_I X - \Gamma_{IK}^J X^K$: covariant field-space derivative

$$\frac{\mathcal{D}\phi_{IR}^{I}}{\mathrm{d}N} = -\left(\frac{G^{IJ}V_{,J}}{3H^{2}}\right)_{\phi_{IR}} + \left(\frac{H}{2\pi}g_{\alpha}^{I}\right)_{\phi_{IR}}\xi^{\alpha}$$

[L. Pinol, Y. Tada, S. Renaux-Petel 2018]

Classical and Quantum Gravity CQG 36 no.7, (2019) 07LT01

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Extra diffusion

Choice of α crucial

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Classical drift Noise-induced drift + diffusion

Extra diffusion: not covariant!

 $D_{I}X^{J} = \partial_{I}X - \Gamma_{IK}^{J}X^{K}$: covariant field-space derivative g_{α}^{I} : not unique Choice of α crucial

Itô, $\alpha = 0$

$$\partial_N P = -D_I(h^I P) + \frac{1}{2\sqrt{G}} \partial_I \partial_J \left(\sqrt{G} \left(\frac{H}{2\pi}\right)^2 g^I_\alpha g^J_\alpha P\right)$$

Stratonovich, $\alpha = 1/2$

$$\partial_N P = -D_I(h^I P) + \frac{1}{2} D_I \left[\frac{H}{2\pi} g^I_{\alpha} D_J \left(\frac{H}{2\pi} g^J_{\alpha} P \right) \right]$$

Itô,
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- Not covariant under field redefinitions
- > **No dependence** on the choice of vieilbeins:

 $g^I_{\alpha} \to \Omega^{\beta}_{\alpha} \tilde{g}^I_{\beta}$ with $\Omega^{\gamma}_{\alpha} \Omega^{\beta}_{\gamma} = \delta^{\alpha\beta}$ does not change the physics

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Well covariant under field redefinitions

> **Dependence** on the arbitrary choice of vieilbeins through derivatives of the orthogonal matrix Ω

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- Well covariant under field redefinitions
- Dependence on the arbitrary choice of vieilbeins through derivatives of the orthogonal matrix Ω

No choice seems good

No hint from the derivation

> Fact about covariance: although X^I is well a covariant object, dX^I is not. like u^{μ} vs du^{μ} in GR

 $\rightarrow \text{ Define } \mathbf{\mathcal{D}}X^{I} = \mathrm{d}X^{I} + \Gamma_{JK}^{I}\partial_{N}\phi_{IR}^{J}X^{K}$

- Fact about covariance: although X^I is well a covariant object, dX^I is not. like u^{μ} vs du^{μ} in GR
- → Define $\mathbf{D}X^I = dX^I + \Gamma_{JK}^I \partial_N \phi_{IR}^J X^K$ Covariant in ODE and Stratonovich scheme, but not in Itô!
- > This is because the standard chain rule gets modified by noise² $\propto \Delta N$ terms (which **precisely cancel** only in Stratonovich $\alpha = 1/2$)

$$\mathrm{d}f(N,X^{I}) = \left[\frac{\partial f}{\partial N} + \left(\frac{1}{2} - \boldsymbol{\alpha}\right)\frac{\partial^{2} f}{\partial X^{I} \partial X^{J}}A_{XX}^{IJ}\right]\mathrm{d}N + \frac{\partial f}{\partial X^{I}}\mathrm{d}X^{J}$$

- Fact about covariance: although X^I is well a covariant object, dX^I is not. like u^{μ} vs du^{μ} in GR
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- > This is because the standard chain rule gets modified by noise² $\propto \Delta N$ terms (which precisely cancel only in Stratonovich $\alpha = 1/2$)
- You should define a field-space covariant derivative in the sense of Itô as: *Itô calculus:* [Graham 1974] **D**X^I = **D**X^I + ¹/₂ Γ^I_{JK} A^{JK}_{XX} dN

But we do not get such derivatives from the derivation of the Langevin equations...

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But we do not get such derivatives from the derivation of the Langevin equations...

Only Stratonovich choice respects covariance of the equations! How to solve the ambiguity of the vielbein's choice?

<u>Spoiler</u>: there is a preferred frame for the noise diagonalisation \rightarrow fundamental quantum oscillators

$$\hat{\phi}_{\vec{k}}^{I} = \phi_{k,\alpha}^{I}(N)\hat{a}_{\vec{k}}^{\alpha} + \left(\phi_{k,\alpha}^{I}\right)^{*}(N)\hat{a}_{-\vec{k}}^{\alpha,\dagger}$$

- Each quantum field is decomposed into the basis $(\hat{a}_{\vec{k}}^{\alpha}, \hat{a}_{-\vec{k}}^{\alpha,\dagger})$ with mode decomposition $\phi_{k,\alpha}^{I}(N)$
- This basis is unique up to an irrelevant unitary matrix

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- The power spectra are actually $P_{\phi_{UV}}^{IJ}(N, k_{\sigma}(N)) = \sum_{\alpha} \phi_{k_{\sigma},\alpha}^{I}(N) \left(\phi_{k_{\sigma},\alpha}^{J}\right)^{*}(N)$
- Remember classicalisation: $\left(\phi_{k_{\sigma}(N),\alpha}^{J}\right)^{*}(N) \simeq \phi_{k_{\sigma}(N),\alpha}^{J}$ so the mode functions are the vielbeins:

$$\Xi^{I}(N) = \phi^{I}_{k_{\sigma},\alpha}(N)\xi^{\alpha}, \quad \text{with } \left\langle \xi^{\alpha}(N)\xi^{\beta}(N') \right\rangle = \delta^{\alpha\beta}\delta(N-N')$$

<u>Spoiler</u>: there is a preferred frame for the noise diagonalisation \rightarrow fundamental quantum oscillators

 $\hat{\phi}_{\vec{k}}^{I} = \phi_{k,\alpha}^{I}(N)\hat{a}_{\vec{k}}^{\alpha} + \left(\phi_{k,\alpha}^{I}\right)^{*}(N)\hat{a}_{-\vec{k}}^{\alpha,\dagger}$

[L. Pinol, S. Renaux-Petel, Y. Tada 2020] Journal of Cosmology and Astroparticle Physics, JCAP04(2021)048

<u>Moral</u>

In practice you do not have the choice! The square-root matrix must be the mode functions themselves:

$$\frac{H}{2\pi}g^I_{\alpha} = \phi^I_{k_{\sigma},\alpha}(N)$$

No more ambiguity in the Stratonovich picture



RESOLUTION OF THE ANOMALIES



You can write the corresponding equation in the Itô prescription, if you add consistently the noise-induced drift

RESOLUTION OF THE ANOMALIES



You can write the corresponding equation in the Itô prescription, if you add consistently the noise-induced drift

-> Exactly what is needed to define the Graham, **Ito-covariant derivatives**!

$$\frac{\mathfrak{D}\phi_{IR}^{I}}{\mathrm{d}N} = -\left(\frac{G^{IJ}V_{,J}}{3H^{2}}\right)_{\phi_{IR}} + \frac{H[\phi_{IR}(N)]}{2\pi}g_{\alpha}^{I}\cdot\xi^{\alpha},$$

The dot denotes the Itô prescription

[L. Pinol, S. Renaux-Petel, Y. Tada 2020]

Journal of Cosmology and Astroparticle Physics, JCAP04(2021)048 In practice, it is necessary to use the Itô prescription: Now that it is covariant, you can forget the mode functions

[L. Pinol, S. Renaux-Petel, Y. Tada 2020]

Journal of Cosmology and Astroparticle Physics, JCAP04(2021)048

Beyond slow-roll, beyond massless ($a^3\pi$ conjugate momentum of ϕ)



$$\langle \Xi_{\phi}^{I}(N)\Xi_{\phi}^{J}(N')\rangle = \left(P_{\phi_{UV},\phi_{UV}}\right)^{IJ} \left(N,k_{\sigma}(N)\right)\delta(N-N')$$

$$\langle \Xi_{\phi}^{I}(N)\Xi_{J}^{\pi}(N')\rangle = \left(P_{\phi_{UV}}^{\pi_{UV}}\right)_{J}^{I} \left(N,k_{\sigma}(N)\right)\delta(N-N')$$

$$\langle \Xi_{I}^{\pi}(N)\Xi_{J}^{\pi}(N')\rangle = \left(P_{\phi_{UV},\pi_{UV}}^{\pi_{UV},\mu_{UV}}\right)_{IJ} \left(N,k_{\sigma}(N)\right)\delta(N-N')$$

+ analytical formulas for the noise amplitude in a slow-varying approximation

[L. Pinol, S. Renaux-Petel, Y. Tada 2020]

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$$\langle \boldsymbol{\Xi}_{\boldsymbol{\phi}}^{\boldsymbol{I}}(\boldsymbol{N})\boldsymbol{\Xi}_{\boldsymbol{\phi}}^{\boldsymbol{J}}(\boldsymbol{N}')\rangle = \left(P_{\boldsymbol{\phi}_{UV},\boldsymbol{\phi}_{UV}}\right)^{IJ} \left(N,k_{\sigma}(N)\right)\delta(N-N') \langle \boldsymbol{\Xi}_{\boldsymbol{\phi}}^{\boldsymbol{I}}(\boldsymbol{N})\boldsymbol{\Xi}_{\boldsymbol{J}}^{\pi}(\boldsymbol{N}')\rangle = \left(P_{\boldsymbol{\phi}_{UV}}^{\pi_{UV}}\right)^{I}_{J} \left(N,k_{\sigma}(N)\right)\delta(N-N') \langle \boldsymbol{\Xi}_{I}^{\pi}(N)\boldsymbol{\Xi}_{J}^{\pi}(N')\rangle = \left(P^{\pi_{UV},\pi_{UV}}\right)_{IJ} \left(N,k_{\sigma}(N)\right)\delta(N-N')$$

+ analytical formulas for the noise amplitude in a slow-varying approximation

Itô calculus in field space: **[Graham 1974]** $\mathfrak{D}X^{I} = \mathfrak{D}X^{I} + \frac{1}{2}\Gamma_{JK}^{I}A_{XX}^{JK}dN$ Itô calculus in phase space: **[L. Pinol, S. Renaux-Petel, Y. Tada 2020]** $\mathfrak{D}V_{I} = \mathfrak{D}V_{I} - \frac{1}{2}(\Gamma_{IJ,K}^{S} + \Gamma_{KM}^{S}\Gamma_{IJ}^{M})V_{S}A_{XX}^{JK}dN$ $-\Gamma_{IJ}^{K}(A_{X}^{V})_{K}^{J}dN$ amplitude of $\langle \Xi_{X}^{J}\Xi_{K}^{V} \rangle$

[L. Pinol, S. Renaux-Petel, Y. Tada 2020]

Journal of Cosmology and Astroparticle Physics, JCAP04(2021)048

Imaginary noise?

Beyond slow-roll, beyond massless ($a^3\pi$ conjugate momentum of ϕ)



$$\langle \Xi_{\phi}^{I}(N)\Xi_{\phi}^{J}(N')\rangle = \left(P_{\phi_{UV},\phi_{UV}}\right)^{IJ} \left(N,k_{\sigma}(N)\right)\delta(N-N')$$

$$\langle \Xi_{\phi}^{I}(N)\Xi_{J}^{\pi}(N')\rangle = \left(P_{\phi_{UV}}^{\pi_{UV}}\right)_{I}^{I} \left(N,k_{\sigma}(N)\right)\delta(N-N')$$

$$\langle \Xi_{I}^{\pi}(N)\Xi_{J}^{\pi}(N')\rangle = \left(P^{\pi_{UV},\pi_{UV}}\right)_{II} \left(N,k_{\sigma}(N)\right)\delta(N-N')$$

+ analytical formulas for the noise amplitude in a slow-varying approximation

<u>Remark</u>: cross-power spectra $\left(P_{\phi_{UV}}^{\pi_{UV}}\right)_{I}^{I}$ h

$$\left[\phi_{UV}^{I}(x), a^{3}\pi_{J}^{UV}(y)\right] = i\hbar\delta^{(4)}(x-y) \to \operatorname{Im}\left[\left(P_{\phi_{UV}}^{\pi_{UV}}\right)_{J}^{I}\right] \propto 1/a^{3} \text{ but non-zero...}$$

Conceptual issue resolved with path-integral approach

Beyond slow-roll, beyond massless ($a^3\pi$ conjugate momentum of ϕ)



$$N \ge {}^{J}_{\phi}(N') = \left(P_{\phi_{UV},\phi_{UV}}\right)^{IJ} \left(N, k_{\sigma}(N)\right) \delta(N-N')$$
$$N \ge {}^{\pi}_{J}(N') = \left(P_{\phi_{UV}}^{\pi_{UV}}\right)^{I}_{I} \left(N, k_{\sigma}(N)\right) \delta(N-N')$$

$$\langle \Xi_I^{\pi}(N)\Xi_J^{\pi}(N')\rangle = \left(P^{\pi_{UV},\pi_{UV}}\right)_{IJ} \left(N,k_{\sigma}(N)\right)\delta(N-N')$$

✤ Markovian approximation → Fokker-Planck equation

* Need to define field-derivatives (not time) that are phase-space covariant: $\mathcal{D}_{\phi_{IR}^{I}} U^{J} = D_{\phi_{IR}^{I}} U^{J} + \Gamma_{IL}^{K} \pi_{K}^{IR} \partial_{\pi_{L}^{IR}} U^{I}$

 $\langle \Xi_{\phi}^{I}($

 $\langle \Xi^{I}_{\phi}($

[L. Pinol, S. Renaux-Petel, Y. Tada 2020]

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Beyond slow-roll, beyond massless ($a^3\pi$ conjugate momentum of ϕ)



We find a covariant multi-dimensional, phase-space Fokker-Planck equation beyond slow-roll massless fields:

$$\frac{\partial P}{\partial N} = -\mathcal{D}_{\phi_{IR}^{I}} \left(\frac{G^{IJ} \pi_{J}^{IR}}{H} P \right) + \partial_{\pi_{I}^{IR}} \left[\left(3\pi_{I}^{IR} + \frac{V_{I}}{H} \right) P \right] + \frac{1}{2} \mathcal{D}_{\phi_{IR}^{I}} \mathcal{D}_{\phi_{IR}^{I}} \left[\left(P_{\phi_{UV},\phi_{UV}} \right)^{IJ} P \right] + \mathcal{D}_{\phi_{IR}^{IR}} \partial_{\pi_{J}^{IR}} \left[\left(P_{\phi_{UV},\phi_{UV}} \right)^{I} P \right] + \frac{1}{2} \partial_{\pi_{I}^{IR}} \partial_{\pi_{J}^{IR}} \left[\left(P_{\phi_{UV},\pi_{UV}} \right)^{I} P \right]$$

$$P(\phi_{IR},\pi^{IR},N)$$

IV. PATH-INTEGRAL DERIVATION

[L. Pinol, S. Renaux-Petel, Y. Tada 2020] Journal of Cosmology and Astroparticle Physics, JCAP04(2021)048

The Schwinger-Keldysh formalism... ...for cosmology



If time permits only...

> We want to find the stochastic formalism for multifield inflation in **phase space** from a path-integral approach

Generating functional:
$$Z[J_{XI}] = \int_{\mathcal{C}} \mathcal{D}\phi^{XI} \exp\left[iS[\phi^{XI}] + i\int d^4x J_{XI}\phi^{XI}\right]$$

Multifield **Hamiltonian** action: $\phi^{XI} = (\phi^I, \pi_I)$

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 \succ Be careful with the contour of integration C:

> Particle physics: in-out, S-matrix scattering <u>amplitudes</u> $\langle in | \hat{S} | out \rangle$

asymptotic non-interacting states: in=past ; out=future

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- ➤ Cosmology: flat space in the past only (Bunch-Davies) → non-interacting « in » state, but no « out » state
 - → We compute in-in, time-dependent <u>correlators</u>:

 $\langle \operatorname{in} | \hat{O}(t_{\star}) | \operatorname{in} \rangle$

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SCHWINGER-KELDYSH FORMALISM

> We split the contour of integration: $\mathcal{C} = \mathcal{C}_+ + \mathcal{C}_-$ and denote the fields on each branch ϕ^{XI+} and ϕ^{XI-}

Generating functional:
$$Z[J_{XI\pm}] = \int_{\mathcal{C}_+} \mathcal{D}\phi^{XI\pm} \exp\left[i(S[\phi^{XI\pm}] - S[\phi^{XI\pm}]) + i\int d^4x \left(J_{XI\pm}\phi^{XI\pm} - J_{XI\pm}\phi^{XI\pm}\right)\right]$$

Schwinger-Keldysh formalism: doubling of the d.o.f.



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Schwinger-Keldysh formalism: doubling of the d.o.f.

Keldysh basis:

 $\phi^{XI,cl} = \frac{\phi^{XI+} + \phi^{XI-}}{2} \quad ; \phi^{XI,q} = \phi^{XI+} - \phi^{XI-}$

Same history: classical Difference of histories: stochasticity / quantumness





SCHWINGER-KELDYSH FORMALISM

▷ We split the contour of integration: $C = C_+ + C_-$ and denote the fields on each branch ϕ^{XI+} and ϕ^{XI-}

Generating functional:
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Schwinger-Keldysh formalism: doubling of the d.o.f.

$$\begin{array}{l} \succ \text{ Keldysh basis: } \phi^{XI,\text{cl}} = \frac{\phi^{XI+} + \phi^{XI-}}{2} & ; & \phi^{XI,\text{q}} = \phi^{XI+} - \phi^{XI-} \\ & & \text{ Same history: classical } & & \text{ Difference of histories: stochasticity / quantumness} \end{array}$$

> Theory in the Keldysh basis
$$Z[J_{XIa}] = \int_{\mathcal{C}_{+}} \mathcal{D}\phi^{XIa} \exp\left[iS[\phi^{XIa}] + i\int d^{4}x J_{XIa}\phi^{XIa}\right]$$

With $S[\phi^{XIa}] = S\left[\phi^{XI,cl} + \frac{\phi^{XI,q}}{2}\right] - S\left[\phi^{XI,cl} - \frac{\phi^{XI,q}}{2}\right] + rule of \operatorname{contraction} X_{a}Y^{a} = \sigma_{ab}^{1}X^{b}Y^{a}$

 $\sigma^1 = \begin{bmatrix} 0 & 1 \\ 1 & 0 \end{bmatrix}$

AN EFFECTIVE, COARSE-GRAINED THEORY

> We split the fields in IR + UV: $\phi^{XIa} = \phi_{IR}^{XIa} + \phi_{UV}^{XIa}$ and integrate over the UV, small scales:

$$Z = \int \mathcal{D}\phi_{IR}^{XIa} \exp\left[iS_{\text{eff}}[\phi_{IR}^{XIa}]\right], \text{ with } \exp(iS_{\text{eff}}[\phi_{IR}^{XIa}]) = \int \mathcal{D}\phi_{UV}^{XIa} \exp\left[iS[\phi_{IR}^{XIa} + \phi_{UV}^{XIa}]\right]$$

Coarse-grained effective action

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▷ Can only be done perturbatively in ϕ_{UV}^{XIa} , but remember $\phi_{UV}^{XIa} \ll \phi_{IR}^{XIa}$: develop $S[\phi_{IR}^{XIa} + \phi_{UV}^{XIa}]$ at 2nd order Use covariant Vilkoswky-de Witt variables

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 $S = S^{(0)} + S^{(1)} + S^{(2)} \rightarrow$ Gaussian integral over ϕ_{UV}^{XIa}

BackgroundLinear couplingQuadratic action foractiondue to time-perturbations in adependent cut-offbackground of IR fields

Crucial because otherwise the two sectors do not couple

LEADING-ORDER QUANTUM EFFECT



> Skipping many (thrilling) details, you get: $S_{\text{eff}}[\phi_{IR}^{XIa}] = S^{(0)}[\phi_{IR}^{XIa}] + i\hbar \int d^4x \, a^3 \xi_{XI} \phi_{IR}^{XI,q} + O\left[\left(\hbar \phi_{IR}^{XI,q}\right)^2\right]$
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$$\succ \text{ Partition function: } Z = \int \mathcal{D}\phi_{IR}^{XIa} \exp\left[i\int \phi_{IR}^{XI,q} \left(\frac{\delta S^{(0)}[\phi_{IR}^{XIa}]}{\delta \phi_{IR}^{XI,q}}\Big|_{\phi_{IR}^{XI,c1}} + a^3 \xi_{XI}\right) + O\left[\left(\hbar \phi_{IR}^{XI,q}\right)^2\right]\right]$$
$$\mathcal{D}\phi \ e^{i\int \phi K} = \delta(K) \to K$$

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only contributing trajectories are the « classical ones »:

$$\frac{\delta S^{(0)}[\phi_{IR}^{XIa}]}{\delta \phi_{IR}^{XI,q}}\Big|_{\phi_{IR}^{XI,cl}} + a^3 \xi_{XI} = 0$$

THE LANGEVIN EQUATIONS

The classical EoM of the effective action includes the first quantum corrections:

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 $\langle \Xi_{\phi}^{I}(N)\Xi_{\phi}^{J}(N')\rangle = \left(P_{\phi_{UV},\phi_{UV}}\right)^{IJ} \left(N,k_{\sigma}(N)\right)\delta(N-N')$ $\langle \Xi_{\phi}^{I}(N)\Xi_{J}^{\pi}(N')\rangle = \mathbf{Re}\left(P_{\phi_{UV}}^{\pi_{UV}}\right)_{J}^{I} \left(N,k_{\sigma}(N)\right)\delta(N-N')$ $\langle \Xi_{I}^{\pi}(N)\Xi_{J}^{\pi}(N')\rangle = \left(P^{\pi_{UV},\pi_{UV}}\right)_{IJ} \left(N,k_{\sigma}(N)\right)\delta(N-N')$

Stratonovich

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Itô

CONCLUSION

- Stochastic formalism for inflation: an effective theory for largest cosmological scales
- Enables to derive non-perturbative results, to resum IR divergencies of QFT in de Sitter, etc.
- We extended it to multifield models and to phase-space dynamics beyond slow-roll massless fields
- We unveiled inflationary stochastic anomalies related to the discretisation ambiguity of SDEs
- We showed how to solve the anomalies by choosing the Stratonovich scheme and the frame of fundamental quantum oscillators to diagonalise the noise amplitude
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Next-order correction